

cancellations

Please allow 4 hours in advance if you must reschedule or cancel your appointment. Any cancellation within a four hour period or any no show appointment will be charged the full amount of the service. A credit card and phone number are required at the time of booking.

arrival times

Please allow 15-20 minutes prior to your scheduled service time to relax and enjoy our rejuvenating jacuzzi, tranquil sauna or our aromatic eucalyptus steam room. Use of the health club is complimentary with any confirmed spa service. We do regret that late arrivals will not receive an extension of service time and will be responsible for full service fees.

No massages for guests 18 years old or younger.

No facials for guests 14 years old or younger.

All prices within this menu subject to change without notice.

We offer a full range of Yonka Facials, Body, Hand and Foot Treatments. Please contact the Health Club and Spa at extension: **7274**

THE HEALTH CLUB
AT THE
Fairmont

2401 M Street, NW • Washington, DC 20037 • ph (202) 457-5070 • fx (202) 457-5010
www.Fairmont.com

THE HEALTH CLUB AT THE *Fairmont*

spa menu

featuring

YON
KA[®]
PARIS

skin care products



MASSAGE

signature

A medley of classic, deep tissue, and trigger point work...create your own massage.

50 min / 80 min

classic swedish

A classic method of massage using long gliding strokes and kneading movements to ease tension, stress, and muscular discomfort. This calming massage will stimulate circulation while relaxing the body.

50 min / 80 min

deep tissue

Focusing on the deeper muscles and tissues. This therapeutic massage relieves soreness, tension to facilitate muscle recovery – leaving you energized.

50 min / 80 min

aromatherapy

Delight the senses with the ancient healing art of aromatherapy. This specialty massage blends the aromatics of pure essential oils with classic bodywork to induce joy for the spirit and complete relaxation.

50 min / 80 min

stone therapy

Massage and heat therapy using warm, smooth, lava stones combine to penetrate and loosen stiff muscles and trigger points providing therapeutic deep relaxation.

50 min / 80 min

sports massage

Sports Massage is a special form of massage and is typically used before, during, and after athletic events. The purpose of the massage is to prepare the athlete for peak performance, to drain away fatigue, to relieve swelling, to reduce muscle tension, to promote flexibility and to prevent injuries.

in-room

Indulge yourself in the comfort of your own room with a Swedish or Deep Tissue Massage.

50 min / 80 min

in addition

Sea Salt Foot and Hand scrub

HAND & FOOT CARE

hand & foot care

- Classic Manicure
- French Manicure
- Classic Pedicure
- French Pedicure

spa manicure

Includes intensive exfoliation of rough, dry, calloused skin using an alpha-hydroxy scrub and finishing with a luxurious paraffin dip.

spa pedicure

Includes intensive exfoliation of rough, dry, calloused skin using an alpha-hydroxy scrub and finishing with a luxurious paraffin dip.

polish change

- Hands
- French Manicure
- Feet
- French Pedicure

paraffin dip

waxing

- Brow
- Lip
- Chin
- Face (no brow)
- 1/2 Arm
- Full Arm
- Underarm
- Bikini
- 1/2 Leg
- 1/2 Leg & Bikini
- Full Leg
- Full Leg & Bikini
- Back
- Brazilian

BODY TREATMENTS

jambes tonique

(Anti-Fatigue Leg Treatment)

This anti-fatigue leg treatment provides amazing relief for painful, heavy, or tired legs, whether from air travel or from sight seeing in the city. This treatment combines cryotherapy (cold treatment), gentle aromatic compression and Yonka's award winning detox oil and contouring lotions. Your legs will feel revived, lighter and ready for your next day!

45 min

body gommage vetal

(Soft and relaxing body exfoliation)

A thick aromatic gel is massaged into your skin, then dead skin cells are gently whisked away leaving your body silky, smooth and super hydrated.

60 min

FACIALS

le grand classique

One of the most elaborate, complete facials that leaves the skin clean, perfectly balanced and radiant. Customized and recommended for any age, it centers on Yon-Ka's exclusive deep cleansing regimen in 5 successive steps carried out with the utmost care in the oxygenating atmosphere of the 5 Quintessence essential oils (rosemary, lavender, thyme, cypress and geranium); the pure glow of the epidermis is revealed, one step at a time. The result is purified skin, a toned complexion and optimum relaxation. This is the fundamental facial to experience once a month to keep skin healthy and in top condition.

50 min

gentlemen's facial

A made to measure Phyto-Therapeutic deep clean, detox and corrective grooming facial. A superb brightener and turn-around treatment that reveals a skin in top condition with tighter pores and more even skin tone. Ideal for the outdoor sportsman, for city skins or imbalanced, stressed skin suffering from congestion.

50 min

soin teenager

A deep pore cleansing and balancing facial, this treatment is targeted to those seeking a deep cleansing facial in less than an hour, great for teenage skin. Correction and healing are the cornerstones of this distinctive treatment.

50 min

escate beauty-

(Express Facial)

A hydra-flash facial, designed to provide an instant moisture boost to the skin. Perfect for anyone looking to have a pick-me-up on their lunch break, or as an add-on to an additional service. Although short in time, it is ideal for revealing a soft, delicately soothed complexion with a gentle veil of moisture.

30 min

alpha vital

This highly technical, anti-aging treatment brings out the skin's natural glow, restoring smoothness and youth as early as the 1st treatment. Under the rejuvenating, intensively moisturizing action of controlled fruit acids, the epidermis is gently regenerated, cellular renewal is intensified, the complexion is cleared, and wrinkles and fine lines vanish. The result is supple, smooth skin with a glowing complexion and wrinkles diminished.

75 min

optimizer

Lifting and restructuring, this anti-aging treatment acts like a "personal trainer" for the skin. By stimulating the skin's natural regeneration processes, it optimizes firmness, reduces wrinkles and fine lines and intensifies glow. Rich in redensifying hibiscus and lupine peptides and highly moisturizing marine collagen and hyaluronic acid, it reinforces the structure of the epidermis and uses Coenzyme Q10 to protect cells from free-radical attacks.

75 min



Spa Services Price List

MASSAGE

classic swedish
50 min / 80 min
\$100 / \$135

deep tissue
50 min / 80 min
\$120 / \$160

signature
50 min / 80 min
\$110 / \$145

aromatherapy
50 min / 80 min
\$110 / \$145

stone therapy
50 min / 80 min
\$130 / \$160

sports massage
50 min / 80 min
\$120 / \$160

in-room
Add \$50 to your treatment

in addition
Sea Salt Foot Scrub \$30
Sea Salt Hand Scrub \$20
Foot & Hand \$45

HAND & FOOT CARE

hand & foot care
Classic Manicure \$30
French Manicure \$35
Classic Pedicure \$55
French Pedicure \$60
Add Shellac to any Service for \$10

spa manicure
(exfoliation, paraffin dip) \$45

spa pedicure
(exfoliation, paraffin dip) \$80

polish change
Hands \$15
French Manicure \$20
Feet \$20
French Pedicure \$30

paraffin dip
Hands \$15
Feet \$20

waxing
Brow \$22-25
Lip \$15
Chin \$15
Face (no brow) \$45
Full Arm \$45
1/2 Arm \$40
Underarm \$25
Bikini (basic) \$35
Bikini (high) \$45
Bikini Brazilian (ladies only) \$60
Full Leg \$80
1/2 Leg \$50
Full Leg & Bikini \$100
Full Leg & Brazilian \$120
Back \$55 ++

BODY TREATMENTS

jambes tonique
(Anti-Fatigue Leg Treatment)
45 min \$85

body gommage vetal
60 min \$120
80 min w/ massage \$145

FACIALS
le grand classique
60 min \$110

gentlemen's facial
60 min \$110

soin teenager.
60 min \$95

hydralessence
60 min \$120

escate beauty-
30 min \$70

alpha vital
75 min \$140

optimizer
75 min \$150

microdermabrasion
75 min \$170

Brow tint \$25
Eye Last Tint \$35
Together \$55