

# THE HEALTH CLUB AT THE *Fairmont*

The Health Club at The Fairmont trainers are well educated, experienced, and nationally certified.

The Health Club at The Fairmont personal trainers will:

- Educate you about total fitness: strength training, cardio and basic nutrition
- Help you track your progress; recalibrate your goals
- Motivate you to not just show up at the gym but have a plan for success!

	Half Hour	Hour
One session	60	90
Four Sessions	230	350
Eight Sessions	440	680
Twelve Sessions	630	990

**Meet your goals with a Personal Training Package.**

[www.healthclubfairmont.com](http://www.healthclubfairmont.com)

**2401 M Street NW | Washington DC | 20037 | 202.457.5070**

**Personal Training Policies:** sessions are non-transferable; non-refundable. All sessions expire within 30 days of purchase. Must provide 24 hour cancellation notice to avoid being charged for a scheduled session.